## <u>Claims</u>

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What is claimed is:

5 1. A node-and-strut structure comprising:

a set of at least six vertebrae each including one left-hand strut having a proximal portion and a distal portion, one right-hand strut having a proximal portion and a distal portion, and one primary node rigidly engaging the left-hand strut's proximal portion and the right-hand strut's proximal portion, a primary axis passing through each of the primary nodes, the primary nodes each including at least 1% metal by weight, the left-hand struts all being nominally mutually parallel, the right-hand struts all being nominally mutually parallel also;

several left-hand nodes each bearing against a respective one of said left-hand struts' distal portions such that a left-hand axis lying in a baseplane with the primary axis passes through each of the left-hand nodes, the left-hand axis forming with each of the left-hand struts an acute angle about equal to  $j\times20.9^{\circ} + k\times31.7^{\circ} + m\times36^{\circ} + n\times37.4^{\circ}$ , where j, k, m, and n are each an integer  $\geq 0$ ; and

several right-hand nodes each bearing against a respective one of said right-hand struts' distal portions such that a right-hand axis parallel to the baseplane passes through each of the right-hand nodes, the right-hand axis forming with each of the right-hand struts an acute angle about equal to  $p\times20.9^{\circ} + q\times31.7^{\circ} + r\times36^{\circ} + s\times37.4^{\circ}$ , where p, q, r, and s are each an integer  $\geq$  0.

2. The node-and-strut structure of claim 1 in which said nodes each primarily comprise an iron-containing alloy.

- 3. The node-and-strut structure of claim 1 in which said nodes each include at least 1% metal by weight.
- The node-and-strut structure of claim 1 in which said struts each include at least 1% carbon fiber by weight.
- 5. The node-and-strut structure of claim 1 in which all of said acute angles that are formed with the left-hand axis are within  $0.4^{\circ}$  of  $j \times 20.9^{\circ} + k \times 31.7^{\circ} + m \times 36^{\circ} + n \times 37.4^{\circ}$ .
  - 6. The node-and-strut structure of claim 1 in which said left-hand and right-hand nodes each have a metallic surface bearing against a respective one of said distal portions.

7. The node-and-strut structure of claim 1 in which the left-hand and right-hand struts of each of the vertebrae form a primary angle therebetween that is nominally equal to an acute angle of  $b\times20.9^{\circ} + d\times31.7^{\circ} + e\times35.3^{\circ} + f\times36^{\circ}$ , where b, d, e, and f are each an integer  $\geq 0$ .

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8. The node-and-strut structure of claim 1 in which the left-hand and right-hand struts of each of the vertebrae form a primary angle therebetween that is nominally complementary to an acute angle of  $b\times20.9^{\circ} + d\times31.7^{\circ} + e\times35.3^{\circ} + f\times36^{\circ}$ , where b, d, e, and f are each an integer  $\geq 0$ .

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9. The node-and-strut structure of claim 1 in which the left-hand and right-hand struts of each of the vertebrae form a primary angle therebetween that is nominally complementary to an acute angle of  $b \times 20.9^{\circ} + d \times 31.7^{\circ} + e \times 35.3^{\circ} + f \times 36^{\circ}$ , where b is a positive integer and d, e, and f are each an integer  $\geq 0$ .

- 10. The node-and-strut structure of claim 1 in which the left-hand and right-hand struts of each of the vertebrae form a primary angle therebetween that is nominally complementary to an acute angle of  $b \times 20.9^{\circ} + d \times 31.7^{\circ} + e \times 35.3^{\circ} + f \times 36^{\circ}$ , where d is a positive integer and b, e, and f are each an integer  $\geq 0$ .
- 11. The node-and-strut structure of claim 1 in which the left-hand and right-hand struts of each of the vertebrae form a primary angle therebetween that is nominally complementary to an acute angle of  $b \times 20.9^{\circ} + c \times 30^{\circ} + d \times 31.7^{\circ} + e \times 35.3^{\circ} + f \times 36^{\circ} + g \times 37.4^{\circ}$ , where b, c, d, e, f, and g are each an integer  $\geq 0$ .
  - 12. The node-and-strut structure of claim 1 in which the set of vertebrae are nominally regularly spaced.
- 15 13. The node-and-strut structure of claim 1 in which j>0.

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- 14. The node-and-strut structure of claim 1 in which k>0.
- 15. The node-and-strut structure of claim 1 in which j=p=0.
- 16. The node-and-strut structure of claim 1 in which k=q=0.
- 17. The node-and-strut structure of claim 1 in which m=r=0.
- 25 18. The node-and-strut structure of claim 1, further comprising several additional strut ends each bearing against a corresponding one of the left-hand nodes.

- 19. The node-and-strut structure of claim 18 in which the number of said additional strut ends is exactly T, where T is at least 4.
- 5 20. The node-and-strut structure of claim 1 in which the set of vertebrae includes at least eight vertebrae.
  - 21. The node-and-strut structure of claim 1, further including several interprimary struts each coupled to a corresponding pair of the primary nodes.
  - 22. The node-and-strut structure of claim 1, in which said nodes and several additional nodes are all positioned exteriorly so as to form an oblong shape substantially resembling a tube having an elliptical cross section, further comprising several other, interiorly-positioned nodes.

- 23. A method of making a node-and-strut structure comprising steps of:
  - (a) assembling a set of at least six vertebrae each including one left-hand strut having a proximal portion and a distal portion, one right-hand strut having a proximal portion and a distal portion, and one primary node rigidly engaging the left-hand strut's proximal portion and the right-hand strut's proximal portion, a primary axis passing through each of the primary nodes, the primary nodes each including at least 1% metal by weight, the left-hand struts all being nominally mutually parallel, the right-hand struts all being nominally mutually parallel also;
  - (b) bringing several left-hand nodes each to bear against a respective one of said left-hand struts' distal portions such that a left-hand axis lying in a baseplane with the primary axis passes through each of the left-hand nodes, the left-hand axis forming with each of the left-hand struts an acute angle about equal to  $j \times 20.9^{\circ} + k \times 31.7^{\circ} + m \times 36^{\circ} + n \times 37.4^{\circ}$ , where j, k, m, and n are each an integer  $\geq 0$ ; and
  - (c) bringing several right-hand nodes each to bear against a respective one of said right-hand struts' distal portions such that a right-hand axis parallel to the baseplane passes through each of the right-hand nodes, the right-hand axis forming with each of the right-hand struts an acute angle about equal to  $p \times 20.9^{\circ} + q \times 31.7^{\circ} + r \times 36^{\circ} + s \times 37.4^{\circ}$ , where p, q, r, and s are each an integer  $\geq$  0.
- 24. The method of claim 23, further including a triangulation step (d) of adding to said node-and-strut structure several additional nodes and several additional struts so that all of the nodes each bear against at least 3 of the struts that are not nominally mutually coplanar.
- 25. The method of claim 24 in which said struts each have an actual length that is nominally included in a predefined length set consisting of 6 lengths.

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